



INTERNATIONAL STUDENT HANDBOOK Ecole Nationale d'Ingénieurs de TARBES - FRANCE



You will find in this handbook the useful information to prepare your stay
at the National Engineering School of Tarbes

WELCOME TO ENIT !

« At ENIT I was able to broaden my knowledge. This allowed me to grow professionally and personally. ENIT is a good structure that offers very good training in my field (civil engineering). In addition, the institution offers very important support to international students. Finally, it was a wonderful experience that I will never forget. »



Gustavo, Brazilian student in semester of study

« Since I have been at ENIT, I have a very pleasant and fun stay! Everyone is very nice and I felt at home. Moreover, ENIT is a very interesting School, which has many assets I can use in my professional career! »



Rocío, Argentinian student in double degree

« I took part in the EPS, European Project Semester in Tarbes. We work all in English in international groups on a real project. At ENIT there is a close contact between students and professors. I appreciated the help of the International Relations Office: we felt in good hands. Thanks to this stay, I met new friends from all around the world. »



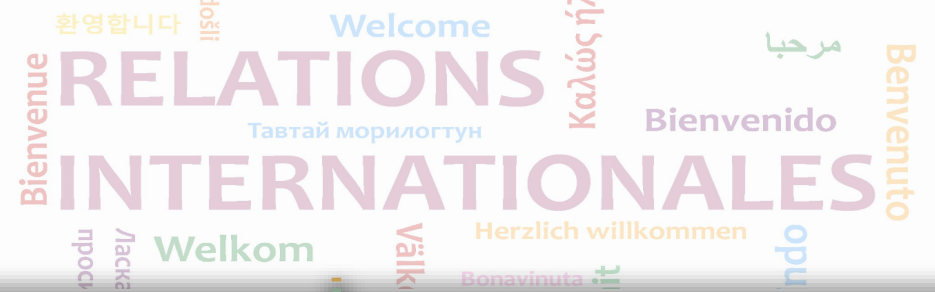
Lisa, German student in E.P.S.

« I loved ENIT since my arrival in 2015. The training is very complete and the courses are interesting and enjoyable. My work was facilitated (follow courses in French), thanks to the available professors, to my classmates who helped me during the courses and mainly thanks to the International Relations team, who welcomed me very well and answered all my questions and difficulties. »



Luana, Brazilian student in double degree

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The “BIENVENUE EN FRANCE” label, attesting to the quality of the welcome given to international audiences, was awarded to ENIT by decision of the Labelling Commission on 10 November 2020. The quality of the reception of international students is, in particular, a fundamental issue for the internationalisation and attractiveness of our higher education.

The “BIENVENUE EN FRANCE” label is awarded to institutions wishing to enhance their hosting facilities. It is awarded for 4 years by Campus France and validated by an independent commission.

1 PREPARE YOUR STAY IN FRANCE



1.1 TRAVEL TO TARBES



Paris CDG Airport

If you want to visit Paris upon your arrival in France, you have a few options to go to the **center of Paris** :

<http://easycdg.com/transport/buses-coaches-trains-taxis-paris-cdg-airport-charlesdegaulle/>

To come **by train** from Paris, please check prices and schedules at :

<https://uk.voyages-sncf.com/en/#/>

(you can tick direct transport to avoid connections)

You can also take a domestic flight to the airports of Toulouse - Blagnac (TLS), Pau-Pyrénées (PUF), or Tarbes-Lourdes-Pyrénées (LDE), from the following 2 airports :

- Paris Orly (ORY)
- Paris Roissy Charles de Gaulle (CDG)

Toulouse-Blagnac Airport

If you want to visit Toulouse upon your arrival in France, you can reach the **center of Toulouse** :

<http://www.toulouse.aeroport.fr/en/passengers/to-and-from/public-transport>

You will find in the link below Toulouse transportation network:

<https://www.tisseo.fr/en/home>

To get to Tarbes directly, the airport shuttle « **La Navette aéroport** » will drive you to the railway station to catch a train :

<https://www.tisseo.fr/en/airport-shuttle>



1.1 TRAVEL TO TARBES



Pau-Pyrenees Airport

If you wish to visit Pau upon your arrival, you can take the bus line "**Idelis 10**". It connects the Pau-Pyrenees Airport to the city center. This shuttle runs from Monday to Saturday, from 7:00 to 19:00.

The Idelis shuttle bus runs a direct hourly service to Pau train station from Pau Airport.

If you arrive after 19:45, on a Sunday, or on a bank holiday, you will have to take a **taxi**.

You will find more information at :

<http://www.pau.aeroport.fr/airport/acces/the/taxis>

Tarbes-Lourdes-Pyrénées Airport

Tarbes-Lourdes-Pyrenees airport is just 10km far from the center of Tarbes.

The bus lines TLP Mobilités n°**TL** and n°**T7** connect the airport to the train station of Tarbes (near the city center), for 1€. To view the timetables, click on the following link :

<https://www.tlp.aeroport.fr/bus-shuttles>

As far as possible, the ENIT International Relations Office will welcome you* at the Tarbes-Lourdes-Pyrénées airport or at the train/bus station.

* international students coming in the framework of bilateral exchange.



1.2 FORMALITIES

○ Before your departure

✓ **Passport**

For non-European students, you will need a passport valid for the entire period of your stay in France. For citizens of the European Union, a valid identity card is enough.

✓ **Visa**

You will have to apply for a visa at the consulate or at the French Embassy in your country. To do so, the International Relations Office will send you an invitation letter once your application is accepted.

✓ **Birth certificate**

You will all need a birth certificate in the language of origin + a version officially translated in French (preferably a document with an issuing date not exceeding 3 months at your arrival).

○ At your arrival

The **International Relations Office** will help you to comply with all the French formalities :

- ENIT registration form
- Opening a French bank account + accommodation/liability insurance
- Health cover and additional healthcare
- Application for a residence permit (OFII)
- Etc.

○ Documents

Please make sure you bring and have a scan of :

- Passport and/or ID card
- Passport photos
- European Health Insurance Card (for EU citizens)
- Birth certificate



1.3 ACCOMMODATION

The International Relations Office will support you in your accommodation researches:

- When possible, a room at the campus students' residence (CROUS) will be offered to you.
- Shared or individual rentals are also available. We will try to get the best choice possible according to your preferences.

(Once your application is validated you will receive an accommodation form to indicate your preferences.)



Student Residence in
Tarbes (CROUS)

Located 200 meters walk
from ENIT

○ Approximated range price

The « **studette** » is a room at the campus residence including small kitchen, shower with toilet and internet connection: 318 euros* per month. Towels, sheets / blanket and dishes will not be provided.

Security deposit: 318 euros at your arrival (refunded at the check out).

* Prices may vary from year to year



« studette » panoramic picture

○ Shared rental price range

It is also possible to share a flat with other students, the rent can vary from 315€ to 380€ per person/month (the international relations office can get you in touch with other students looking for roommates).



1.4 HEALTH AND INSURANCE



○ Health cover

In France, student healthcare is compulsory.

○ For European students :

Before leaving, you must get your European Health Insurance Card to benefit from the public healthcare in France :

http://www.cleiss.fr/particuliers/ceam_en.html

○ For non-European students :

The International Relations Office will help you during the compulsory registration procedure to the student healthcare.

○ Additional Health care

It's highly recommended to subscribe a personal complementary health insurance (the cost depends on the contract type).

○ Accommodation/liability insurance

How to get this insurance?

Many banks offer you an "insurance pack" when opening your French bank account. The average cost is 35 euros per semester (the cost depends on the type and the size of your housing).



2.2 LIBRARY

○ Documentation

You can consult and borrow a large number of documents : paper and audio books, magazines, CDs, dubbed and/or subtitled DVDs, as well as a large electronic documentation covering the following areas :

- Scientific and technical documents in the fields of teaching and research of ENIT,
- Cultural documents (documentaries, novels, comics, etc.)
- Language learning methods and linguistic material (French, English, German, Spanish, Italian and Portuguese, etc)

Many other documents are also available in English.

○ French as a Foreign Language collection (FFL)

In complement to the FFL courses offered at ENIT, the exchange students will have access to different learning methods to perfect their French skills.

○ Self-service tools

- Online catalog
- 8 computers for students
- Loan of headphones
- Wi-fi access
- A copy machine (payment with loadable student card).



2.3 SPORT ACTIVITIES

○ Sport Association at ENIT

The Sport Association at ENIT welcomes students who want to practice one or more sports.

A **30 €** subscription* per year allows you to take part in sports activities organized by the sports office:

- In class: Mountain bike / Hiking / Rock climbing / Snowboard / Rafting.
- Outside the class: Golf / Swimming / Tennis / Badminton / Gym / Horse riding / Basketball / Handball / Volleyball / Football / Rugby / Dance and Fitness / Combat sport / Karting / Skiing course

*An additional financial participation may be required for some activities

○ Pierre de COUBERTIN gymnasium

You also have the possibility to access the gymnasium, from Monday to Thursday between 7 pm and 10 pm, within the framework of the activities organized by the Sport Association.



2.4 THE INTERNATIONAL CLUB

○ « Club International »

This Club is an association, composed of ENIT students. Their actions help exchange students to better integrate the School community and the city. They propose international parties, cultural trips in the region and other services/activities described hereafter.



○ The « Starter Pack »

The Starter Pack is a kit of equipment (dishes, blankets, ..) you can borrow to the International Club to help you settle down in Tarbes, in case your accommodation is not fully equipped.

It is valid during your stay at ENIT. A deposit is required and will be fully refunded at departure.

○ The « Buddy programme »

The Buddy programme is offered to create a link between new incoming students and home students.

They can exchange and share experience on social, cultural and academic matters.

Examples of « Buddy » activities :

- Campus presentation
- Locating nearby grocery and useful stores
- Answering questions about ENIT and the city of Tarbes



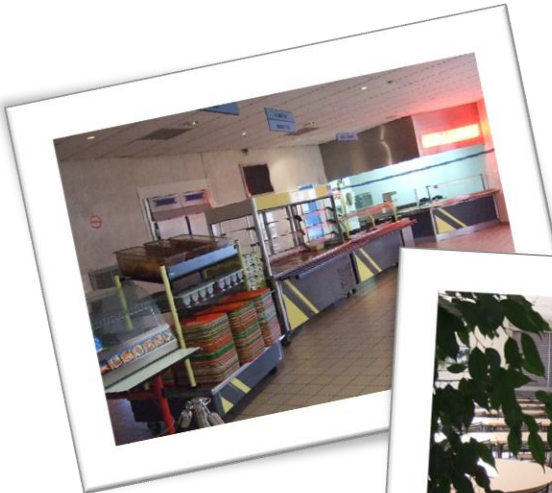
2.5 WHERE TO EAT

○ The campus restaurant

The Resto'U, also called the RU, is the students' refectory located on the campus. You can enjoy a full meal (starter, main dish, dessert) at a moderate price: 3,30 € in 2021/2022.

○ The cafeteria

You can also go to the cafeteria, located on the ground floor of the campus restaurant. You will find salads, paninis, sandwiches, pizzas, yogurts, fruits, muffins, drinks, etc.





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3.1 TARBES TRANSPORTATION NETWORK

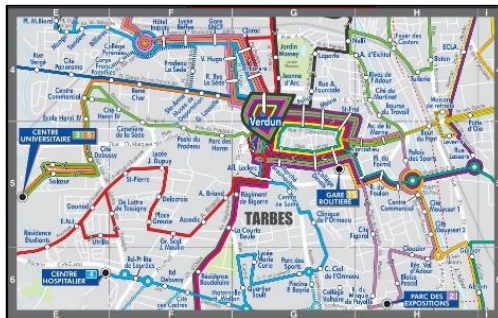
○ Bus network

The city center is well connected to ENIT. The “TLP Mobilités” network offers several bus lines.

➤ Prices in 2021/2022:

- Single ticket : 1€
- 10 trips card: 9€
- Subscription -25 years old students: 10€/month

More information at : <https://www.tlp-mobilites.com/#>



○ Cycling in Tarbes

Tarbes is a city easily accessible by bikes, thanks to the 15km bike paths developed by the city.

The International Club will explain to you how to rent or buy a bike in Tarbes.



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3 THE CITY OF TARBES



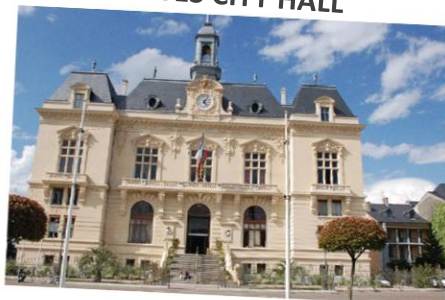
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3.2 MAIN PLACES IN TARBES

MASSEY GARDEN



TARBES CITY HALL



BOWLING WITH INTERNATIONAL STUDENTS



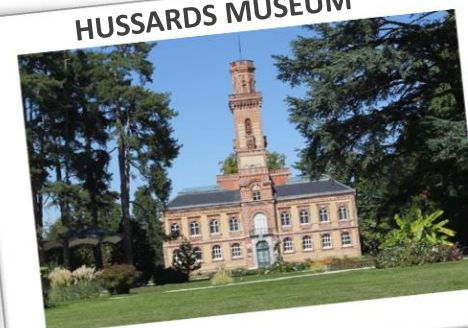
ARSENAL AREA
(BARS, CINEMA, BOWLING, LASER
QUEST, RESTAURANTS)



VERDUN SQUARE



HUSSARDS MUSEUM



3 TARBES

THE CITY OF



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3.3 VISITING AROUND TARBES

CIRQUE DE GAVARNIE



© Pierre Meyer

LOURDES



© Lourdes

PIC DU MIDI DE BIGORRE



CAUTERETS
PONT D'ESPAGNE



CONTACTS



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ENIT MAP

