You will find in this handbook the useful information to prepare your stay at the National Engineering School of Tarbes
WELCOME TO ENIT!

«At ENIT I was able to broaden my knowledge. This allowed me to grow professionally and personally. ENIT is a good structure that offers very good training in my field (civil engineering). In addition, the institution offers very important support to international students. Finally, it was a wonderful experience that I will never forget. »

Gustavo, Brazilian student in semester of study

« Since I have been at ENIT, I have a very pleasant and fun stay! Everyone is very nice and I felt at home. Moreover, ENIT is a very interesting School, which has many assets I can use in my professional career! »

Rocío, Argentinian student in double degree

« I took part in the EPS, European Project Semester in Tarbes. We work all in English in international groups on a real project. At ENIT there is a close contact between students and professors. I appreciated the help of the International Relations Office: we felt in good hands. Thanks to this stay, I met new friends from all around the world. »

Lisa, German student in E.P.S.

« I loved ENIT since my arrival in 2015. The training is very complete and the courses are interesting and enjoyable. My work was facilitated (follow courses in French), thanks to the available professors, to my classmates who helped me during the courses and mainly thanks to the International Relations team, who welcomed me very well and answered all my questions and difficulties. »

Luana, Brazilian student in double degree
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1.1 TRAVEL TO TARBES

If you want to visit Paris upon your arrival in France, you have a few options to go to the center of Paris:


To come by train from Paris, please check prices and schedules at:

https://uk.voyages-sncf.com/en/#/
(you can tick direct transport to avoid connections)

You can also take a domestic flight to the airports of Toulouse - Blagnac (TLS), Pau-Pyrénées (PUF), or Tarbes-Lourdes-Pyrénées (LDE), from the following 2 airports:

- Paris Orly (ORY)
- Paris Roissy Charles de Gaulle (CDG)

If you want to visit Toulouse upon your arrival in France, you can reach the center of Toulouse:


You will find in the link below Toulouse transportation network:

https://www.tisseo.fr/en/home

To get to Tarbes directly, the airport shuttle « La Navette aéroport » will drive you to the railway station to catch a train:

https://www.tisseo.fr/en/airport-shuttle
1.1 TRAVEL TO TARBES

If you wish to visit Pau upon your arrival or go directly to the railway station to get to Tarbes, you can take the shuttle "Proxilis 20". It connects the Pau-Pyrenees Airport to the SNCF train station or the city center. This shuttle runs from Monday to Saturday, from 7:40 to 19:45.

If you arrive after 19:45, on a Sunday, or on a bank holiday, you will have to take a taxi.

You will find more information at:

http://www.pau.aeroport.fr/airport/acces/the/taxis

Tarbes-Lourdes-Pyrénées airport is just 10km far from the center of Tarbes.

The « navette Maligne » connects the airport to the train station of Tarbes (near the city center), for 2 €. To view the timetables, click on the following link:

http://www.tlp.aeroport.fr/gp/Parking-and-transport/93

As far as possible, the ENIT International Relations Office will welcome you at the Tarbes-Lourdes-Pyrénées airport or at the train/bus station.

* international students coming in the framework of bilateral exchange.
1 PREPARE YOUR STAY IN FRANCE

1.2 FORMALITIES

○ **Before your departure**

✓ **Passport**
For non-European students, you will need a passport valid for the entire period of your stay in France. For citizens of the European Union, a valid identity card is enough.

✓ **Visa**
You will have to apply for a visa at the consulate or at the French Embassy in your country. To do so, the International Relations Office will send you an invitation letter once your application is accepted.

✓ **Birth certificate**
You will all need a birth certificate in the language of origin + a version officially translated in French (preferably a document with an issuing date not exceeding 3 months at your arrival).

○ **At your arrival**

The **International Relations Office** will help you to comply with all the French formalities:

- ENIT registration form
- Opening a French bank account + accommodation/liability insurance
- Health cover and additional healthcare
- Application for a residence permit (OFII)
- Etc.

○ **Documents**

Please make sure you bring and have a scan of:

- Passport and/or ID card
- Passport photos
- European Health Insurance Card (for EU citizens)
- Birth certificate
1.3 ACCOMMODATION

The International Relations Office will support you in your accommodation researches:

- When possible, a room at the campus students’ residence (CROUS) will be offered to you.
- Shared or individual rentals are also available. We will try to get the best choice possible according to your preferences.

(Once your application is validated you will receive an accommodation form to indicate your preferences.)

○ Approximated range price

The « studette » is a room at the campus residence including small kitchen, shower with toilet and internet connection: 309 euros* per month. Towels, sheets / blanket and dishes will not be provided.

Security deposit: 370 euros at your arrival (refunded at the check out).

* Prices may vary from year to year

○ Shared rental price range

From 320€ to 350€ per person/month.
1.4 HEALTH AND INSURANCE

- **Health cover**
  
  In France, student healthcare is compulsory.

- **For European students:**

  Before leaving, you must get your European Health Insurance Card to benefit from the public healthcare in France:
  

- **For non-European students:**

  The International Relations Office will help you during the compulsory registration procedure to the student healthcare.

- **Additional Health care**

  It’s highly recommended to subscribe a personal complementary health insurance (the cost depends on the contract type).

- **Accommodation/liability insurance**

  How to get this insurance?

  Many banks offer you an “insurance pack” when opening your French bank account. The average cost is 35 euros per semester (the cost depends on the type and the size of your housing).
2.1 ACADEMIC CALENDAR

The EPS semester "European Project Semester" lasts 15 weeks. There are 2 sessions per year: FALL and SPRING semester.

### FALL
- September
- October
- November
- December

### SPRING
- January
- February
- March
- April
- May
- June

2.2 LIBRARY

○ Documentation

You can consult and borrow a large number of documents: paper and audio books, magazines, CDs, dubbed and/or subtitled DVDs, as well as a large electronic documentation covering the following areas:

- Scientific and technical documents in the fields of teaching and research of ENIT,
- Cultural documents (documentaries, novels, comics, etc.)
- Language learning methods and linguistic material (French, English, German, Spanish, Italian and Portuguese, etc)

Many other documents are also available in English.

○ French as a Foreign Language collection (FFL)

In complement to the FFL courses offered at ENIT, the exchange students will have access to different learning methods to perfect their French skills.

○ Self-service tools

- Online catalog
- 8 computers for students
- Loan of headphones
- Wi-fi access
- A copy machine (payment with loadable student card).
2.3 SPORT ACTIVITIES

○ Sport Association at ENIT

The Sport Association at ENIT welcomes students who want to practice one or more sports.

A 30 € subscription* per year allows you to take part in sports activities organized by the sports office:

- **In class:** Mountain bike / Hiking / Rock climbing / Snowboard / Rafting.

- **Outside the class:** Golf / Swimming / Tennis / Badminton / Gym / Horse riding / Basketball / Handball / Volleyball / Football / Rugby / Dance and Fitness / Combat sport / Karting / Skiing course

- An additional financial participation may be required for some activities

○ Pierre COUBERTIN gymnasium

You also have the possibility to access the gymnasium, from Monday to Thursday between 7 pm and 10 pm, within the framework of the activities organized by the Sport Association.
2.4 THE INTERNATIONAL CLUB

- **Club International**

This Club is an association, composed of ENIT students. Their actions help exchange students to better integrate the School community and the city. They propose international parties, cultural trips in the region and other services/activities described hereafter.

- **The « Starter Pack »**

The Starter Pack is a kit of equipment (dishes, blankets, etc.) you can borrow to the International Club to help you settle down in Tarbes, in case your accommodation is not fully equipped.

It is valid during your stay at ENIT. A deposit is required and will be fully refunded at departure.

- **The « Buddy programme »**

The Buddy programme is offered to create a link between new incoming students and home students.

They can exchange and share experience on social, cultural and academic matters.

Examples of « Buddy » activities:

- Campus presentation
- Locating nearby grocery and useful stores
- Answering questions about ENIT and the city of Tarbes
2.5 WHERE TO EAT

- The campus restaurant
  The Resto’U, also called the RU, is the students’ refectory located on the campus. You can enjoy a full meal (starter, main dish, dessert) at a moderate price: 3,25 € in 2018/2019.

- The cafeteria
  You can also go to the cafeteria, located on the ground floor of the campus restaurant. You will find salads, paninis, sandwiches, pizzas, yogurts, fruits, muffins, drinks, etc.
3.1 TARBES TRANSPORTATION NETWORK

- **Bus network**
  
  The city center is well connected to ENIT. The “Alezan” network offers several bus lines.

  ➢ Prices in 2018/2019:
    - Single ticket: 1€
    - 10 trips card: 8,90€
    - Subscription -25 years old students: 14,80€/month

  More information at: [www.alezan-bus.com](http://www.alezan-bus.com)

- **Cycling in Tarbes**

  Tarbes is a city easily accessible by bikes, thanks to the 15km bike paths developed by the city.

  The International Club will explain to you how to rent or buy a bike in Tarbes.
3.2 MAIN PLACES IN TARBES

- **MASSEY GARDEN**
- **TARBES CITY HALL**
- **BOWLING WITH INTERNATIONAL STUDENTS**
- **ARSENALE AREA**
  (BARS, CINEMA, BOWLING, LASER QUEST, RESTAURANTS)
- **VERDUN SQUARE**
- **HUSSARDS MUSEUM**
3.3 VISITING AROUND TARBES

- CIRQUE DE GAVARNIE
  - © Pierre Meyer

- LOURDES
  - © Lourdes

- PIC DU MIDI DE BIGORRE
  - 

- CAUTERETS PONT D’ESPAGNE
For more information, please contact:

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